Demonstrative Adjectives
THIS - THAT / THESE - THOSE

Demonstrative adjectives are special adjectives or determiners used to identify or express the relative position of a noun in time or space. A demonstrative adjective comes before all other adjectives in the noun phrase.
This is an apple.

That is an apple.
These are apples.

Those are apples.
This is a dress.

That is a dress.
These are dresses.

Those are dresses.